



Padel Retreat

Where world-class padel meets luxury travel, curated experiences, and an unforgettable community.

 Ubud, Bali. | Limited entries only.

ABOUT SFL

Sports For Life (SFL) is a leading Indian sports organisation dedicated to **empowering athletes and enthusiasts through structured development programs, tournaments and transformative sporting experiences.**

Founded with a vision to make sport a way of life, SFL works across grassroots and recreational levels, creating opportunities that go beyond training. From skill development and community engagement to **international sports exposure through curated travel experiences**, SFL bridges the gap between passion and performance.



Our approach is built on **three core pillars:**

Development

Structured coaching programs that nurture skill, confidence, and discipline.

Exposure

Access to international tournaments, training camps, and global sporting cultures.

Community

Building strong sporting networks that inspire lifelong participation.

Through strategic partnerships with world-class academies, coaches, and global tour operators, SFL ensures every program delivers **quality, safety, and authentic sporting value.**

Whether on home soil or abroad, our mission remains the same **to create meaningful sporting journeys that inspire growth, connection, and excellence.**

Elevate YOUR GAME IN BALI

**Join us for an unforgettable
padel retreat in the heart of Ubud, Bali.**

Surrounded by lush rice fields, tropical forests, and a tranquil wellness atmosphere, this immersive experience offers the perfect blend of **world-class coaching and mindful living**. Train in stunning natural surroundings while reconnecting with your body and mind.

Whether you're a seasoned player or new to the sport, our expert coaches will guide you every step of the way, helping you sharpen your skills, build confidence, and enjoy competitive play — all while soaking in Ubud's rich culture, spirituality, and breathtaking landscapes.





Why choose us?

TRAIN IN PARADISE

Experience professional padel coaching in the serene landscapes of Ubud, surrounded by lush greenery and tropical calm.

PLAY INTERNATIONAL

Compete in friendly matches and an international amateur tournament against players from around the world.

PERSONALISED COACHING

Small group sessions with certified coaches ensure focused training and individual improvement.

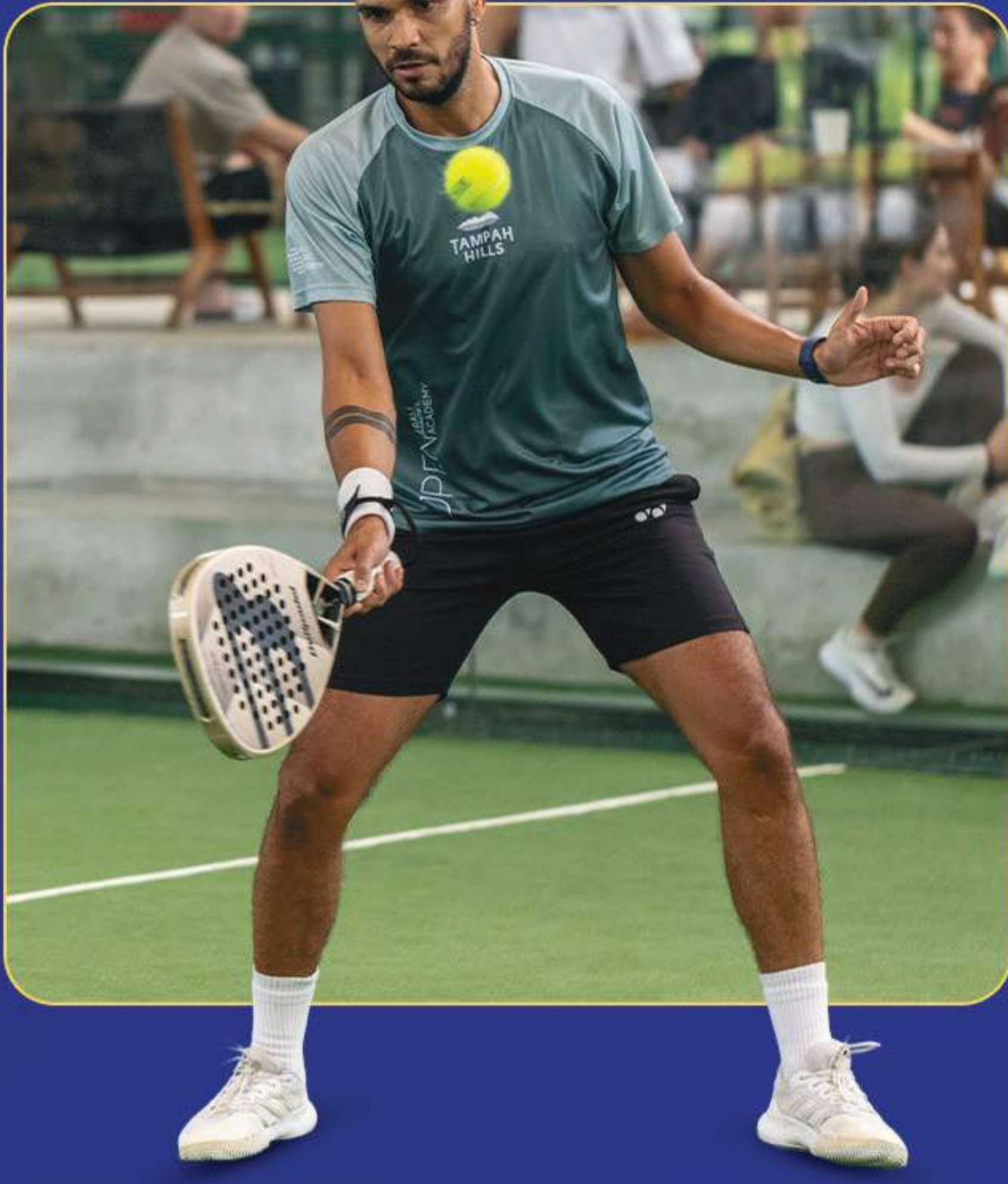
BEYOND THE COURT

Enjoy curated cultural excursions, wellness experiences, and social evenings for a complete Bali experience.

SEAMLESS EXPERIENCE

Premium accommodation, daily transfers, airport pick-up, and on-ground support.

Know YOUR HOST



Carlos

Tennis:

- Top 20 in Colombian in all categories as a junior player.
- Hitting partner of the 1000 master Shanghai Rolex open.
- Helped with the organization of the 1000 master Shanghai Rolex open.

Padel:

- Winner of 7 your names in 2025 in the second best category before professional (high gold).
- Currently transitioning and training to play with the professionals.

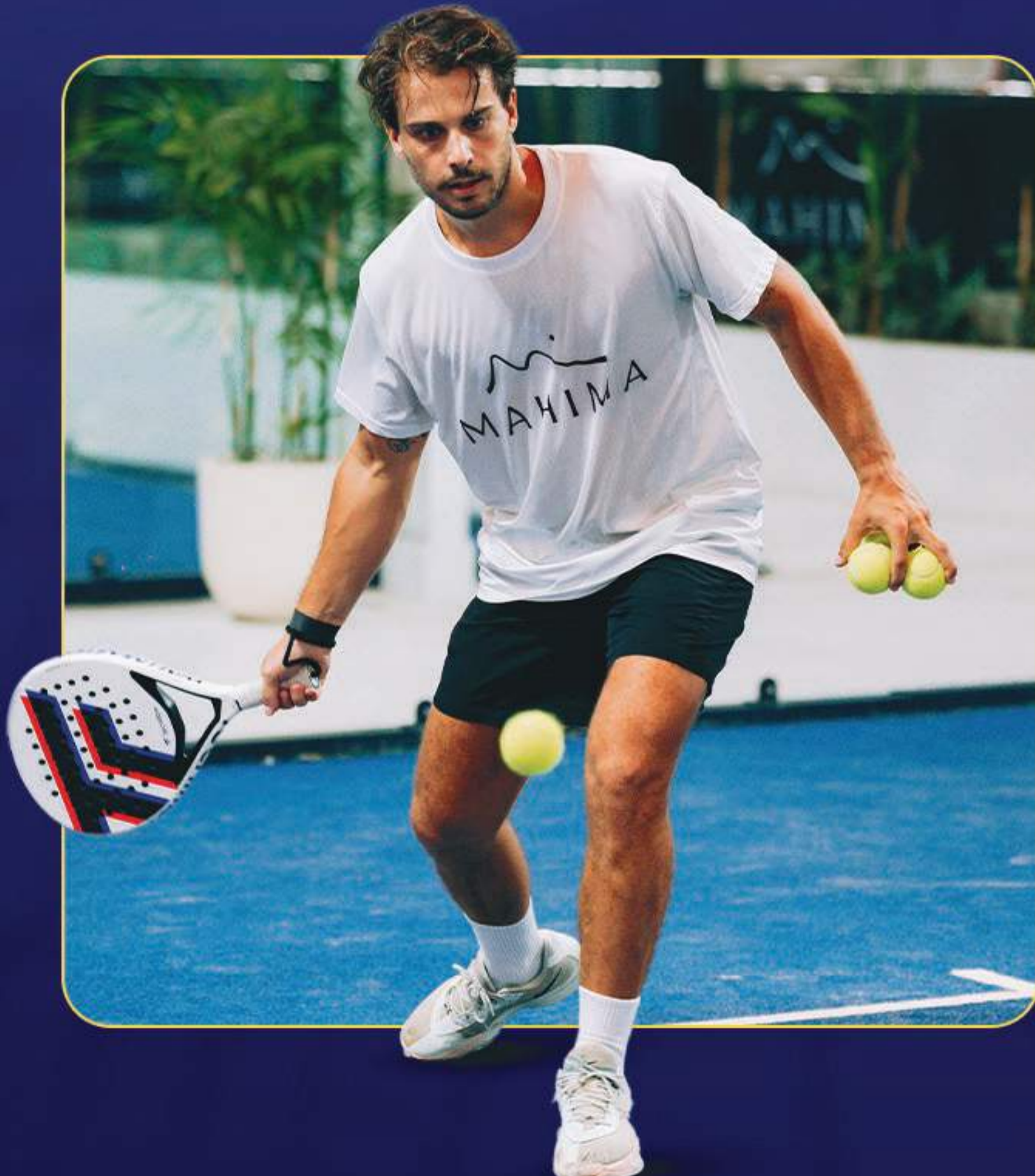
Know YOUR COACHES



Uri Padró

Elite Padel Coach | Spain

- Former competitive padel player in Spain.
- Playing padel since the age of 10.
- 7+ years of professional on-court coaching experience.
- Level 1 Certified Coach (Spain).
- Specialized in performance-focused, high-level training.



Carlos Escudero

Elite Padel Coach | Spain

- Former competitive padel player in Spain.
- Playing padel since the age of 5.
- 10+ years of professional on-court coaching experience.
- Level 1 Certified Coach (Spain).
- Expert in tactical development and elite training environments.

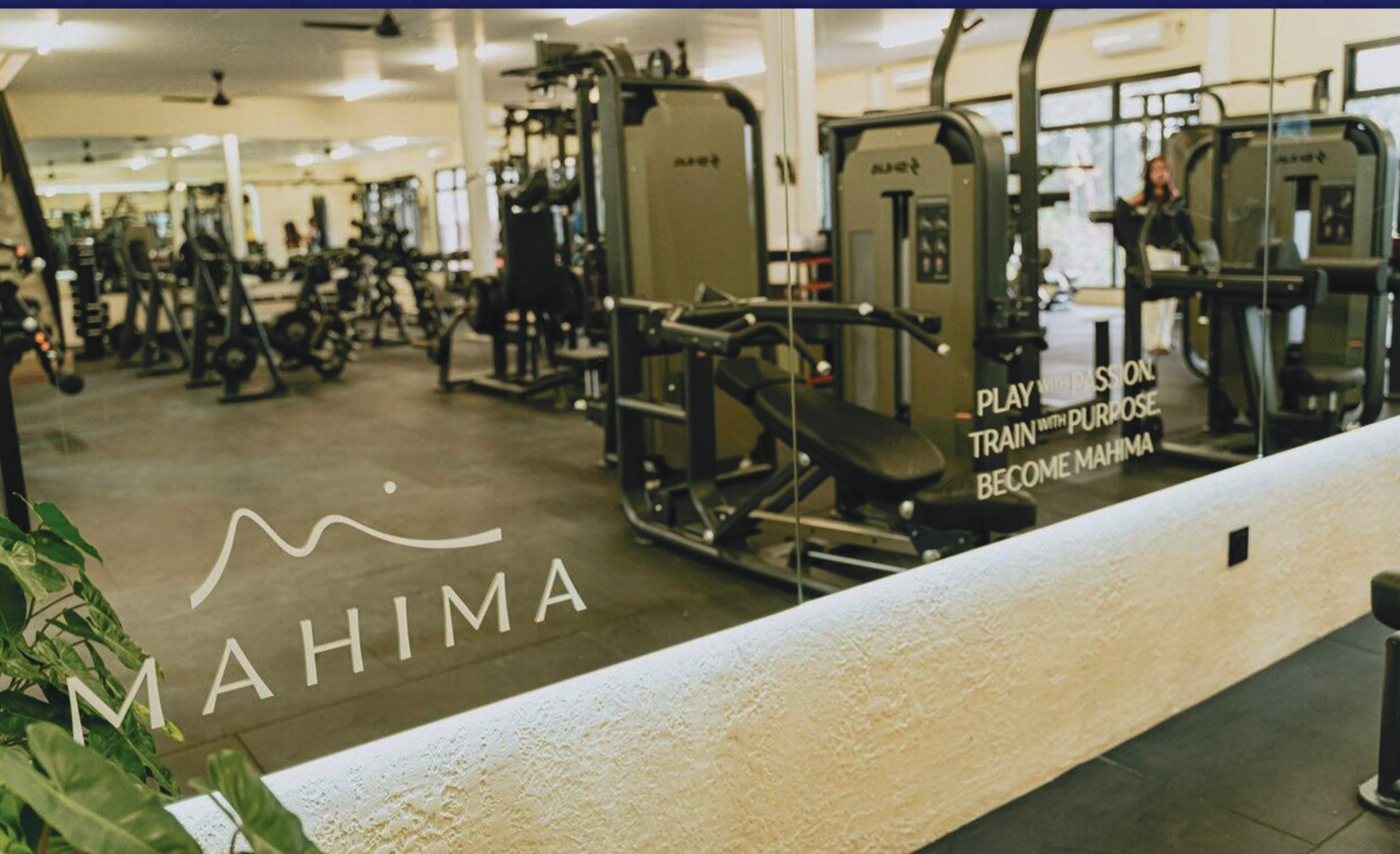
Train at _____

MAHIMA SPORTS CLUB

Nestled in the serene landscape of Sayan, Ubud, Mahima is a thoughtfully designed sports and wellness destination where performance meets balance. Every detail is crafted to inspire balance, connection and mindful movement allowing each guest to evolve at their own pace while feeling truly at home.

THE FACILITY FEATURES:

- 3 WPT-standard padel courts
- 2 ITF-standard tennis courts
- Fully equipped gym
- HIIT & functional training studio
- Restaurant, sauna & cold plunge



At Mahima, our philosophy is rooted in a simple vision — to help people grow through movement, discipline, and meaningful connection.

From our world-class facilities to our welcoming community, everything is designed to support your evolution — whether you're here to train, recharge, or reconnect at your own pace.

Bali ITINERARY

DAY
1

- Arrive in Bali
- 1 hour padel training
- Welcome dinner

DAY
2

- 2 hours padel training
- 1 hour game
- Rice terrace visit

DAY
3

- 2 hours padel training
- 1 hour game
- Water temple visit

DAY
4

- 1 hours padel training
- Surf day
- Beach time in Canggu

DAY
5

- International tournament

DAY
6

- International tournament

DAY
7

- Breakfast & check-out
- Depart with unforgettable memories

What to Expect:



- Welcome dinner
- 4 star hotel accommodation with daily breakfast
- 7+ hours of padel coaching under professional Spanish coaches
- Friendly padel games
- Participate in an international tournament
- Cultural, wellness and leisure activities
- All local transportation to courts and activities listed (including pick up from airport to hotel and hotel to airport)
- Photos and videos
- Training at one of the best padel courts in Ubud

Pricing Per Person

Regular Pricing

2,25,00 INR +GST

Early Bird Pricing

2,00,00 INR +GST
(Valid till 21st March)

Tour Dates: 22nd to 28th April

For enquiries, please reach out to

 +91 91371 22494

 advait@sportsforlife.in